

# Naturally Unbridled Wellness Intake Form

Today's Date \_\_\_/\_\_\_/\_\_\_

Name: \_\_\_\_\_  Male  Female

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Email: \_\_\_\_\_

**FULL** Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

Referred by: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

How long have you had this condition? \_\_\_\_\_

Is it getting worse? \_\_\_\_\_ Does it bother your:  Sleep  Work  Other (what?)

What seemed to be the initial cause? \_\_\_\_\_

## Your Past Medical History

(Mark **C** or **P** (**C** for **C**urrent, **P** for **P**ast) any of the following conditions you currently have, or have had in the past. Please also check if you feel any of the following are a significant part of your medical history)

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> AIDS/HIV                | <input type="checkbox"/> Diabetes (1 or 2)      | <input type="checkbox"/> Measles                               | <input type="checkbox"/> Seizures         |
| <input type="checkbox"/> Alcoholism              | <input type="checkbox"/> Emphysema              | <input type="checkbox"/> Multiple Sclerosis                    | <input type="checkbox"/> Stroke           |
| <input type="checkbox"/> Allergies               | <input type="checkbox"/> Epilepsy               | <input type="checkbox"/> Mumps                                 | <input type="checkbox"/> Surgery (list)   |
| <input type="checkbox"/> Appendicitis            | <input type="checkbox"/> Goiter                 | <input type="checkbox"/> Pacemaker                             | _____                                     |
| <input type="checkbox"/> Arteriosclerosis        | <input type="checkbox"/> Gout                   | <input type="checkbox"/> Pleurisy                              | _____                                     |
| <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Pneumonia              | <input type="checkbox"/> Thyroid disorder                      |   |
| <input type="checkbox"/> Birth Trauma (Your own) | <input type="checkbox"/> Hepatitis              | <input type="checkbox"/> Polio                                 | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Herpes                 | <input type="checkbox"/> Rheumatic Fever                       | <input type="checkbox"/> Typhoid Fever    |
| <input type="checkbox"/> Chicken Pox             | <input type="checkbox"/> High Blood Pressure    | <input type="checkbox"/> Scarlet Fever                         |   |
| <input type="checkbox"/> Ulcers                  | <input type="checkbox"/> Venereal Disease (STD) | <input type="checkbox"/> Major Trauma (Car, fall, etc. - list) |   |
| <input type="checkbox"/> Whooping Cough          | <input type="checkbox"/> Root Canal             | <input type="checkbox"/> Dental Implants                       | <input type="checkbox"/> Amalgam fillings |
| <input type="checkbox"/> Other (Specify)         |   | <input type="checkbox"/> Burns                                 | <input type="checkbox"/> Tattoo(s)        |

Pharmaceuticals taken in last two months:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Vitamins/ Supplements taken in last two months:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ARE YOU CURRENTLY PREGNANT OR NURSING?** \_\_\_\_\_

**Other** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**How long do you think it will take to reach your wellness goals?**

**Do you have:** \_\_\_ < Seizure Disorder      \_\_\_ < Pacemaker      \_\_\_ < Lightning Strike      \_\_\_ < Alcoholism

**How willing are you to make lifestyle changes to improve your situation?**

Not Willing                      Slightly Willing                      Willing                      Very Willing

**Massage, Zone Therapy, CranioSacral, Reiki**

REASON FOR YOUR VISIT:

\_\_\_ relaxation \_\_\_ nurturing \_\_\_ athletic training \_\_\_ medical referral \_\_\_ sore muscles \_\_\_ other\*

\* \_\_\_\_\_

MAJOR AREAS OF COMPLAINT, PAIN, TENSION \_\_\_\_\_

How would you characterize your present state of health? \_\_\_ excellent \_\_\_ good \_\_\_ fair

Please check all of the following therapies that you have previously experienced:

\_\_\_ Acupuncture      \_\_\_ Massage      \_\_\_ Chiropractic      \_\_\_ Biofeedback      \_\_\_ Reiki  
\_\_\_ CranioSacral      \_\_\_ Zone Therapy      \_\_\_ Cupping      \_\_\_ Detox Foot Bath      \_\_\_ Remedies

Preferences (circle):

Head cradle                      Electric massager                      Scalp massage                      Abdominal massage  
Heat packs                      Knee support                      Facial massage                      Music  
Table Warmer                      Foot Warmer                      Cool Room                      Warm Room

**I understand that Patti Bartsch, Ph.D. and the practitioners at Naturally Unbridled Wellness LLC are not medical professionals; therefore they do not diagnose, treat, cure, or prescribe for any disease or condition. Their comments are not a replacement for qualified medical care. I have stated any medical conditions that apply to me and I take it upon myself to keep the practitioners up to date on health changes**

\_\_\_\_\_

signature

\_\_\_\_\_

date

**Checking in on Facebook allows others to know that we are here to help! Thank you!**

You may include any other information that you feel may be helpful to us below: